## SPA HENRIETTE MENU

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## **FACE TREATMENTS**

## « BALI FLOWERS RITUAL» EXPRESS RADIANCE FACIAL · 20 min · 46€

Enjoy the delicate scents of tropical flowers in this "express radiance" treatment inspired by Balinese Beauty Rituals and discover its beneficial effects of skin cleansing, wellbeing and beauty.

## « BALI FLOWERS AND FRUITS RITUAL» SKIN PERFECTION FACIAL · 50 min · 90€

Deep cleansing treatment, skin perfector and "radiance booster" inspired by Balinese beauty rituals. Take full advantage of the benefits of the natural tropical flowers and natural AHA fruit acids active ingredients to restore purified and smoothed skin for a radiant complexion.

## « FIVE FLOWERS RITUAL » ILLUMINESCENCE FACIAL · 50 min · 90€

Based on an ancestral Balinese ritual, this treatment includes a purifying deep pore cleansing and blends the extracts of five tropical flowers and a skin glowing patented ingredient, the Kombuchka®. A mesmerizing massage of the face, nape and shoulder muscles awakens skin vitality.

#### « KO BI DO » LIFTING AND PLUMPING · 50 min · 90€

This manual anti-wrinkle facial from the ancestral Japanese Ko Bi Do Ritual is associated with a unique anti-ageing active complex. Enjoy this holistic approach to lift and tonify your facial contours and effectively renew smooth and plump lines on the face and neckline.

## PRECIOUS « KO BI DO » GLOBAL ANTI-AGE · 80 min · 120€

This "global anti-ageing" facial, manual anti-wrinkle treatment from the Japanese Ko Bi Do ritual paired with a regenerating mask, deeply works on wrinkles, firmness and dewy complexion and focuses on eye contour, lips, neckline and arms. Skin feels soft and youthful, and the spirit and mind very restful.

#### **BODY MASSAGES**

All our treatments include a free access of 20 minutes to the Sensations Spa circuit (recommended before treatments)

## RELAXING BACK MASSAGE · 20 min · 56€

Treatment to release tensions in the back, nape and shoulders blades.

#### SENSORY FACE AND HEAD MASSAGE · 20 min · 56€

Relaxation and total well-being, invites calm and encourages sleep.

## REVITALIZING & LIFTING LEG RITUAL · 20min · 56€

A moment entirely dedicated to relieve the pain of sore, tired, heavy leg and calf muscles. This reviving and draining massage takes its natural active ingredients from the Chinese Pharmacopoeia. Your legs enjoy an instant refreshing sensation and feel light and revitalized.

#### TONIFYING INDIAN AYURVEDIC MASSAGE RITUAL · 50min · 99€

This hot oil tonifying massage, from the millennia old Indian tradition, relies on a combination of invigorating strokes. Enjoy the vanilla and cardamom fragrances of this treatment that helps to relieve muscles, encourages sound sleep and leaves skin silky-soft.

## SOOTHING FRENCH-POLYNESIA MASSAGE RITUAL · 50min · 99€

A body massage treatment inherited from The Polynesian healers and inspired by Lomi-Lomi, which uses deep pressure from the therapist's forearms and long continuous movements. Tiare flower notes accompany you all along this blissful experience of instant relief.

# RELAXING NORTH AFRICAN MASSAGE RITUAL · 20/50/80 min · 56/99/140€

A genuine art of living massage that works on the entire body using delicately perfumed hot Argan oil. The expert hands of the massage therapist work on tender knots and tensions to eliminate toxins and muscle pains while promoting a state of pure wellness.

#### BODY TREATMENTS

All our treatments include a free access of 20 minutes to the Sensations Spa circuit (recommended before treatments)

#### ENERGIZING AROMATIC SCRUB · 20min · 56€

Enjoy a wonderful moment of wellbeing with this ancestral ritual inspired by beauty recipes and treatments from the island of Java. With a fascinating earthy scent and a brilliant energizing recipe featuring zesty spices and sea salts, you'll awaken to a satin smooth skin and a stimulating sense of energy.

## POLISHING "PAPAYA PURÉE" SCRUB · 20min · 56€

A body polishing technique used in a Ritual from Siam with creamy, finely grained "papaya purée". After being delicately exfoliated and polished, your skin is supremely radiant and deliciously scented.

#### PURIFYING SCRUB WITH BELDI BLACK SOAP · 20min · 56€

Discover this Middle Eastern Hammam tradition. Combined with the exfoliating action of the Kassa Glove, this time-honored recipe deeply purifies the skin to leave it feeling soft, satiny and delicately scented.

PURIFYING DETOX TREATMENT WITH "NORTH AFRICAN RHASSOUL WRAP" (Only available following a purifying scrub with Beldi black soap) · 20min · 41€

Let yourself be transported to the magical world of the Hammam and Moroccan tradition. Your skin will feel toned and silky thanks to the detox properties of this natural clay. (This treatment is only given after the Purifying Scrub with Beldi Black Soap)

## **RITUALS**

#### IMPERIAL YOUTHFULNESS RITUAL · 2h · 166€

- · Traditional North African Hammam or Finnish Sauna
- · Sensations shower with chromotherapy and aromatherapy
- · Polishing "Papaya Purée" scrub
- · Tropical nuts melting body balm
- · "Ko Bi Do" lifting and plumping facial treatment (80min)

#### AYURVEDIC RITUAL · 1h 30min · 147€

- · Traditional North African Hammam or Finnish Sauna
- · Sensations shower with chromotherapy and aromatherapy
- · Energizing aromatic scrub
- · Tonifying indian ayurvedic massage ritual (50min)

#### RITUAL SUBLIME DE POLINESIA · 1h 30min · 147€

- · Traditional North African Hammam or Finnish Sauna
- ·Sensations shower with chromotherapy and aromatherapy
- · Polishing "Papaya Purée" scrub
- · Relieving Sublime Polynesian Massage (50min)

#### TRADITIONAL RITUAL HAMMAM · 1h 40min · 183€

- · Traditional North African Hammam
- · Purifying Scrub with Beldi Black Soap (20 min)
- · Purifying Detox treatment with North African Rhassoul Wrap in the Hamman (20 min)
- · Relaxing North African Massage (50min)

#### VIII A MAGAIFAN RITUAL · 2h 30min · 233€

- · Traditional North African Hammam or Finnish Sauna
- ·Sensations shower with chromotherapy and aromatherapy
- · Energizing aromatic scrub
- · 50 min massage of your choice
- · Bali Flowers Ritual radiance facial treatment (50min)

## HAND AND FOOT TREATMENTS

Classical Manicure · 50min · 35€

Semi-permanent Manicure · 50min · 40€

Classical Pedicure · 50min · 40€

Classical Pedicure · 50min · 45€

## **DEPILATIONS**

Eyebrows and Lip · 15min · 15 €

Media Arms · 25min · 25 €

Full Arms · 35min · 30 €

Chest or Abdomen · 30min · 35 €

Back · 30min · 35 €

Underarms · 20min · 20 €

Bikini · 35min · 25 €

Brazilian bikini · 45min · 45 €

Media Legs · 30min · € 35

Whole Legs · 45min · 45 €

## **SENSATIONS SPA CIRCUIT**

- ·Sensations spa circuit access · 30min · 25€
- ·Hammam
- · Finnish sauna
- · Sensations Shower

## PRACTICAL INFORMATION

#### **Opening hours**

The Henriette Spa will be pleased to welcome you every day of the week from 10 am to 2 pm, and from 3 to 7 pm.

#### Included in the price

Bath robes, towels, and slippers. It is obligatory to wear either disposable clothing (provided by us) or a swimsuit.

#### **Booking**

We recommend that you arrive ten minutes before your appointment to take advantage of our spa's calm, tranquil atmosphere. In case of late arrival, and as a courtesy to other clients, we will need to shorten your treatment time accordingly.

#### Cancellation

Cancellations may be made up to 24 hours before the reserved treatment time without financial consequences. However, if cancellation should take place less than 24 hours beforehand, 50% of the cost of the treatment will be due to the Henriette Spa. If the client does not cancel beforehand or fails to show up at the agreed-upon time, the full cost of the treatment will be charged.

#### Personal items

The Henriette Spa cannot be held liable for loss, damage, or theft of personal items.

#### **Health considerations**

Please mention if you are pregnant when booking so that we can suggest the best-adapted treatments. Furthermore, please inform us of any factor concerning your health we should be aware of that may affect your treatment or access to the spa's "sensation circuit".

## Minimum age

The entrance is reserved for children over 12 years accompanied by an adult responsible for their well-being. Some treatments are not suitable for young children. Please check with us when booking.

#### Safety and comfort

It is forbidden to bring glasses, glass containers, or food into the spa. It is also prohibited to use mobile phones.

Villa Magalean Hotel & Spa \*\*\*\* · www.villamagalean.com
Calle Nafarroa Behera, n°2, 20280 Hondarribia, Spain spa@spahenriette.com
T +34 943 56 91 33 · F +34 943 56 91 31